

Program Book
for
Community Service Project



Program Book

Community Service Project

Prepared by the undersigned
Date of Submission: 11.11.2019
Approved by: 11.11.2019
Faculty Officer: 11.11.2019
Name & Address of the undersigned: 11.11.2019



AP STATE COUNCIL OF HIGHER
EDUCATION
[A STATUTORY BODY OF GOVERNMENT OF ANDHRA PRADESH]

Program Book
for
Community Service Project

Name of the Student: UMMIDI, MAHESH

Name of the College: MRS. AVN COLLEGE

Registration Number: 720130805210

Period of CSP: From: 13/08/22 To: 03/09/22

Name & Address of the Community/Habitation: D/NO: 26-18 8/8

Town kotha Road, Puvvula sandhu,
near Nellamma Gudi, Anna market
Jusadamba Junction, AP 63001.

Community Service Project Report

Submitted in accordance with the requirement for the degree of.....

Name of the College: MRS. AVNI COLLEGE

Department: BSC STATISTICS

Name of the Faculty Guide: MRS. Ch. Mallika [madam]

Duration of the CSP: From 13/8/2022 to 03/09/22

Name of the Student: UMMIDI, MAHESH

Programme of Study :- Community Service Project

Year of Study: [2020-2023]

Register Number: 720130805210

Date of Submission:

Student's Declaration

I, U. Mahesh student of Community Program, Reg. No. 720120805110 of the Department of Statistics Mrs. A.V.N. College do hereby declare that I have completed the mandatory community service from to in (Name of the Community/Habitation) under the Faculty Guideship of Mrs. Ch. Mallika (Name of the Faculty Guide), Department of Statistics in Mrs. AVN College

U. Mahesh
(Signature and Date)

Endorsements

Faculty Guide Ch. Mallika

Head of the Department P. Gandhi
P. GANDHI, M.Sc, M.Phil
Head of the Department
Department of Mathematics & Statistics
Mrs. AVN College, Visakhapatnam

[Signature]
Principal
Mrs. A.V.N. COLLEGE
VISAKHAPATNAM

Certificate from Official of the Community

This is to certify that U. Mahesh..... (Name of the Community Service Volunteer) Reg. No 7201308052101 of T.Y.S. AVM COLLEGE (Name of the College) underwent community service inVelampeta..... (Name of the Community) from ~~Pudumuttu~~ to ..Velampeta

The overall performance of the Community Service Volunteer during his/her community service is found to beGood..... (Satisfactory/Good).

Authorized Signatory with Date and Seal

ACKNOWLEDGEMENTS

I wish to express my gratitude to those who extended their valuable co-operation and contribution towards the project.

- Towards like to thank my project mentor
Ms. Mallika madam for his valuable time and continued assistance for the successful completion of the project.

I would also like to express my gratitude to Mr. Shankar Narayan sir, AVN college management for facilitating this project and providing his guidance through out the duration of the project.

I would also like to thank the faculty and staff of the institute, family members and my dear friends for their support to successful completion of the project.

CHAPTER 1: EXECUTIVE SUMMARY

The community service report shall have only a one-page executive summary. It shall include a brief description of the Community and summary of all the activities done by the student in CSP and five or more learning objectives and outcomes.

In each executive summary, the term "member's" refers to individuals enrolled in the senior care program. Some care improves the health of qualified necessary benefits and services are available. Qualifying include certain low-income children, seniors, individuals who are disabled, those being treated for breast or cervical cancer and those seeking family planning services.

The data provided in these reports may be conservative due to use of claims data. Members are only identified as having the select chronic condition if they sought care and had at least two or more paid claims that included a diagnosis code for the select chronic condition.

Child:-

members who are 18 years old or younger at the end of the state fiscal year.

CHAPTER 2: OVERVIEW OF THE COMMUNITY

- About the Community/Village/Habitation including historical profile of the community/habitation, community diversity, traditions, ethics and values.
- Brief note on Socio-Economic conditions of the Community/Habitation.

Chronic diseases are defined broadly as conditions that last 1 year or more and require ongoing medical attention or limit activities of daily living or both. Chronic diseases such as heart diseases, cancer, and diabetes are the leading causes of death and disability in the United States. They are also leading drivers of the nation's trillion in annual health care costs. Any chronic diseases are caused by a short list of risk behaviors.

- Tobacco use and exposure to second hand smoke.
- Poor nutrition including diets low in fruits and vegetables and high in sodium and saturated fats.

CHAPTER 3: COMMUNITY SERVICE PART

Description of the Activities undertaken in the Community during the Community Service Project. This part could end by reflecting on what kind of values, life skills, and technical skills the student acquired.

The World Health Organization defines chronic diseases as diseases of long duration and generally, slow progression.

"Common than found in other definitions state that Chronic diseases.

- have many causes but often share common risk factors.
- usually begin slowly and develop gradually over time
- can occur at any age, although they become more common in later life.
- Chronic diseases impact the health of the population and will affect the sustainability of the health care system.
- over half of New Brunswick and Labrador residents aged 12 years and older have at least one chronic disease.

ACTIVITY LOG FOR THE FIRST WEEK

DAY & DATE	BRIEF DESCRIPTION OF THE DAILY ACTIVITY	LEARNING OUTCOME	Person In-charge Signature
Day - 1	Name:- M. Vaidalaxmi Age:- 40 Topic:- chronic diseases ADDRESS:- velampeta Dabagarden's visakhapatnam 530620	Eating a healthy food over all the day	M. Vaidalaxmi
Day - 2	Name:- P. Koteswari Age:- 36 Topic:- chronic diseases ADDRESS:- velampeta Dabagarden's visakhapatnam	There are an eating of un healthy food which is made by oil	
Day - 3	Name:- S. Bhagavan Age:- 32 Topic:- chronic diseases ADDRESS:- velampeta Dabagarden's visakhapatnam	There a family's eating an healthy food and keeping them with no dietation	
Day - 4	Name:- R. Aruna Age:- 32 Topic:- chronic diseases ADDRESS:- velampeta Dabagarden's visakhapatnam	There stays an bed area and totally full area pollution to effected her body	R. Aruna
Day - 5	Name:- S. Venkayamma Age:- 45 Topic:- chronic diseases ADDRESS:- velampeta, visakhapatnam	Eating a healthy food - 0	
Day - 6	Name:- P. Parvathi Age:- 49 Topic:- chronic diseases ADDRESS:- velampeta, visakhapatnam	In a day there were taking 3 to 4 meals 3 out of water	P. Parvathi

WEEKLY REPORT

WEEK - 1 (From Dt. 13/8/22 to Dt. 19/8/22)

Objective of the Activity Done:

Detailed Report:

I have abstracted this information from our community Velampeta purnamarket Visakhapatnam. In this report I have noticed that here people are not following a health process and health care tips and also that area is not so good and totally air pollution and which will help them very much. Some of the families which were living in the community were following a healthy diet and eating a rich multi-food. That will damage their health and lead to get some problem in their body. The community which was surveyed in the most of families

community most the patients were diabetic and sugar etc...

ACTIVITY LOG FOR THE SECOND WEEK

DAY & DATE	BRIEF DESCRIPTION OF THE DAILY ACTIVITY	LEARNING OUTCOME	Person In-charge Signature
Day - 1	Name:- S. Grangamma Age :- 50 Topic:- chronic diabetes ADDRESS:- velampeta	Having an healthy diet and Eating the food	S. Prathibha
Day - 2	Name:- V. Malathi Age:- 45 Topic:- chronic diseases ADDRESS:- velampeta.	Eating 3 meals a day with fruits	
Day - 3	Name:- B. Sujatha Age:- 41 Topic:- chronic diseases ADDRESS:- velampeta	All the family members is here family was healthy baked food	B. Sujatha
Day - 4	Name:- S. Devi Age:- 35 Topic:- chronic diseases ADDRESS:- velampeta.	Not have an healthy food and more oily food	
Day - 5	Name:- V. Durga Age :- 30 Topic:- chronic diseases ADDRESS:- velampeta	Corrrect timing they have not taking a medicing	V. Durga
Day - 6	Name:- Ch. Sivamani Age:- 40 Topic:- chronic diseases ADDRESS:- velampeta	habitutade to drugs and alcohol	

WEEKLY REPORT

WEEK - 2 (From Dt. 19/8/23 to Dt. 24/8/23)

Objective of the Activity Done:

Detailed Report:

I have abstracted this information from our community Velampeta Piramattet Vithaplanam. In this report it was noticed that here people are not following a health process and health care is also that areas are not be good and totally air pollution and which will help them very much. Some of the families which were living in the community were following an healthy diet and eating an rich in nutrition food that will damaged their health and leads to get some problem in their health and leads this body the community which was survey in the most of families many medicines we taking year condition there suffer from any chronic diseases.

community most the patients were diabetes and sugar and Heart attack - and Asthma etc...

ACTIVITY LOG FOR THE SECOND WEEK

DAY & DATE	BRIEF DESCRIPTION OF THE DAILY ACTIVITY	LEARNING OUTCOME	Person In-charge Signature
Day - 1	Name:- P. Savi thri Age:- 40 Topic:- Chronic diseases ADDRESS:- Velampeta (VSP)	Eating healthy meals	
Day - 2	Name:- Ch. Shanshu apandu Age:- 35 Topic:- Chronic diseases ADDRESS:- Velampeta (VSP)	daily have a Sun Exercises youth	
Day - 3	Name:- B. Ram prasadh Age:- 25 Topic:- Chronic diseases ADDRESS:- Velampeta (VSP)	Diabated addiction to drug and alcohol	<i>B. Ram prasadh</i>
Day - 4	Name:- G. Nagendhera babu Age:- 30 Topic:- Chronic diseases ADDRESS:- Velampeta (VSP)	In a their were taking 3hr a meals 3of or water	
Day - 5	Name:- K. Ramana Age:- 40 Topic:- Chronic diseases ADDRESS:- Velampeta (VSP)	Then Stay and bed area and the area has been polluted	<i>K. Ramana</i>
Day - 6	Name:- S. DEVI Age:- 30 Topic:- Chronic diseases ADDRESS:- Velampeta	Eating a healthy food over all the day	<i>S. Devi</i>

WEEKLY REPORT

WEEK - 2 (From Dt. 24/8/22 to Dt. 30/08/22)

Objective of the Activity Done:

Detailed Report:

I have abstracted this information from our community velampeta purnamarket visakhapatnam in this report. It was noticed that here people are not following a health process and health care tips and also that area is not so good and totally air pollution and which will help them very much some of the families which were living in the community were following an healthy diet will damages their health and leads to get some problem in their body the community which was engaged in the most of families. Suffer from and chronic diseases. members give you unsolicited advice about managing medical condition.

community most the patients were diabetes and sugar etc. -

ACTIVITY LOG FOR THE THIRD WEEK

DAY & DATE	BRIEF DESCRIPTION OF THE DAILY ACTIVITY	LEARNING OUTCOME	Person In-charge Signature
Day - 1	Name: S. Sathish Age: 40 Topic: chronic diseases ADD: velampeta purnamastet	Having health diet and healthy food.	S. Sathish
Day - 2	Name: P. Subhaxao Age: 51 Topic: chronic diseases ADD: velampeta (VSP)	Also have an healthy food and more other foods	
Day - 3	Name: B. Malathi Age: 35 Topic: chronic diseases ADD: velampeta (VSP)	Taking a medicine correct times	B. Malathi
Day - 4	Name: S. Shilashibi Age: 40 Topic: chronic diseases ADD: velampeta (VSP)	habited addiction Alcohol and drugs	
Day - 5	Name: M. Mouli Age: 55 Topic: chronic diseases ADD: velampeta (VSP)	In a day they were taking 3 to 4 meals	M. Mouli
Day - 6	Name: D. Sangitha Age: 60 Topic: chronic diseases ADD: velampeta (VSP)	Eating healthy food and water	

WEEKLY REPORT

WEEK - 3 (From Dt. 27/08/24 to Dt. 30/08/24)

Objective of the Activity Done:

Detailed Report:

Many health conditions are so many people stay in bad health conditions and they are stuck with many problems. I have distributed this information from our community health workers. In this report it was noticed these here people are not following a health process and health care tips and also that area is not so good and totally air pollution and which will help them very much some of the families which were living in the community were following an healthy diet and eating and rich in food that will damage their health and leads to get some problem in their health and leads to get which was surgery in the most of families.

Community most of the patients were diabetes and sugar and Asthma and heart attack and cancer conditions etc...

ACTIVITY LOG FOR THE FOURTH WEEK

DAY & DATE	BRIEF DESCRIPTION OF THE DAILY ACTIVITY	LEARNING OUTCOME	Person In-charge Signature
Day - 1	Name:- Ch. pooja Age:- 30 Topic:- chronic diseases ADD:- velampeta (VSP)	Addition to Alcohol and drug	Ch. pooja
Day - 2	Name:- B. laxman Rao Age:- 40 Topic:- chronic diseases ADD:- velampeta (VSP)	To need a medicine with health food	
Day - 3	Name:- B. Naidu Age:- 40 Topic:- chronic diseases ADD:- velampeta (VSP)	Every time checking health condition in hospital	B. Naidu
Day - 4	Name:- M. Ravi Prasadh Age:- 44 Topic:- chronic diseases ADD:- velampeta (VSP)	Eating health food	
Day - 5	Name:- U. uma prasadh Age:- 39 Topic:- chronic diseases ADD:- velampeta (VSP)	taking a medicines correct timing	
Day - 6	Name:- V. Kisho Kumar Age:- 40 Topic:- chronic diseases ADD:- velampeta (VSP)	take a food correct time and health food.	V. Kisho Kumar

WEEKLY REPORT

WEEK - 4 (From Dt. 30/08/22 to Dt. 04/09/22)

Objective of the Activity Done:

Detailed Report:

I have abstracted this information from our community, Velmampeta Purnamarket Visakhapatnam. In this reported it was noticed that here people are not following a healthy process and health are types and also that area is not be good and totally air pollution and which will help them very much some of the families will help them very much some of the families which were leaving in the community were following on healthy diet and eating on rich in nutrition food that will damaged their health and leads to get some problem in their body the community which was surveyed in the most of families community most the patients were diabetes and sugar etc. -

ACTIVITY LOG FOR THE FIFTH WEEK

DAY & DATE	BRIEF DESCRIPTION OF THE DAILY ACTIVITY	LEARNING OUTCOME	Person In-charge Signature
Day - 1	Name:- G. tulagi Age:- 39 Topic:- chronic diseases ADD:- velampeta - VSP	There are an Eating of an healthy food	
Day - 2	Name:- K. Naveen Kumar Age:- 30 Topic:- chronic diseases ADD:- velampeta - VSP	Eating healthy food	K. Naveen Kumar
Day - 3	Name:- J. swiya Kumar Age:- 35 Topic:- chronic diseases ADD:- velampeta - VSP	Taking a correcting medicine	
Day - 4	Name:- A. Vinesh Prasadh Age 40 Topic:- chronic diseases ADD:- Velampeta - VSP	habituated addition to Alcohol and drugs	
Day - 5	Name:- S. Chitti babu Age:- 45 Topic:- chronic diseases ADD:- velampeta - VSP	Having to yoga and meditation	S. Chitti babu
Day - 6	Name:- R. Rambabu. Age:- 25 Topic:- chronic diseases ADD:- velampeta - VSP	habituated addition to Alcohol.	

WEEKLY REPORT

WEEK - 5 (From Dt. 04/09/22 to Dt. 09/09/22)

Objective of the Activity Done:

Detailed Report:

I have many health conditions obstructed this in formation from our community Velampeta puramarket Visakhapatnam. In This report I was noticed Visakhapatnam there were people are not following a health process and health care tips and also that area is not be good and totally air pollution and which will help them very much some of the families which were leaving in the community were following a healthy diet and eating an rich on nutrition food that will improve this body the community which laws surveyed in the most of

Community most of the patients were diabetes and sugar and cancer and Asthma etc---

CHAPTER 5: OUTCOMES DESCRIPTION

Details of the Socio-Economic Survey of the Village/Habitation. Attach the questionnaire prepared for the survey.

My survey was done in the location of Dabagarden's Velampeta purnamarket, visakhapatnam. The survey was done on each and every house for the project purpose. In that area some people are very lower in their earnings and some are too-riched and well settled and some are middle-class families and some families are not having many to buy proper food to eat and they are not too poor and can't eat like every one. They are not having sufficient many for the healthy nutritional food to eat like others.

So, these kind of families were didn't answered any questions for community service project.

And some of the families answered my questions they responded very well to my survey questions. They also give suggestion to be healthy with consuming a healthy food in our daily life. They are the details noticed in my area.

Describe the problems you have identified in the community

The problem I was indentified in our community is they are sugar and obesity people who are under age of 40 to 70 years. And in the community some families were not eating community in healthy food they were eating the food which gives them an un healthy life. Fried, oily, sugar foods was comming by them and they getting healthy problems like mostly sugar, obesity the occual- problem. so many people not weekly or monthly health checking the not used checkuping her health and there drinks and pation drinks also like drugs and thonic etc. and also so many peoples are to inde pad a sugar and cancer and ASthma or dia betes etc. this type of issues they are taking meeting I too read many problems were cause many of the people in our community were not answering to my questions.

meetings with all individuals that too personally made me to face lot of problems in my area.

They were not keeping money for the food which given them miltion, they all all eating like food, oily foods lot of sweets etc. .

Short-term and long term action plan for possible solutions for the problems identified and that could be recommended to the concerned authorities for implementation.

Short - Term Action Plan :-

- 1) Choosing of outside junk food for a week (a) a month continuously. Then they will eat healthy food which includes, vegetables, fruits etc. --
- 2) Every family should be provided awareness on benefits of healthy foods.
- 3) Every family should change their identities and behaviours on the food they consuming daily.
- 4) Every they should be drink atleast 2 to 3 litres of water for better digestive system.
5. They were many of people who didn't consume healthy food so, we have to suggested them and make realize about the healthy food which will make their life healthy.

LONG - TERM ACTION PLAN :-

- 1) There should be know which food is healthy for our body.
- 2) There should be a separate course on food habits.
- 3) Every family should be get a scientific knowledge about food to eat.

Description of the Community awareness programme/s conducted w.r.t the problems and their outcomes.

I learned to many classes in the program of community service conducted by the college management.

I learned to speak straight-forward and facing with other people.

I learned to give proper explanation on particular topic to other.

I learned the way of interacting with other and communicating and get to know the problems which they are facing and I learned the way of preparation of documentation on the problem of people.

I learned to be stay with patience when others are not answering to my community service project questions.

The main problem of the community is to be maintain a health diet plan. They are all not having an healthy diet.

If they eat an unhealthy food then they will get unhealthy.

Through this program all are noticed that consuming eating of healthy food gives us healthy life and this program teach every one to be healthy.

Report of the mini-project work done in the related subject w.r.t the habitation/village.

A mini-project work in the related subject w.r.t the habitation/village. (For ex., a student of Botany may do a project on Organic Farming or Horticulture or usage of biofertilizers or biopesticides or effect of the inorganic pesticides, etc. A student of Zoology may do a project on Aquaculture practices or animal husbandry or poultry or health and hygiene or Blood group analysis or survey on the Hypertension or survey on the prevalence of diabetes, etc.

The Report shall be limited to 6 pages.

Abstract :-

As non-communicable or chronic diseases are a growing threat to human health and Economic growth, Political state holders are aiming to identify options from improved response to the challenges of prevention and management of non-communicable diseases. This paper is intended to contribute ideas on personalized chronic disease management which are based on Experience with one major chronic disease, namely diabetes mellitus.

Diabetes provides a pertinent case of chronic disease management with a particular focus on patient-self-management.

Personalizing the management of diabetes according to the patient's individual profile can help in improving therapy adherence and treatment outcomes. This paper suggests using a six-step cycle for personalized diabetes (self-management and collaborative use of structured blood glucose data, & health solutions can be used to improve process & efficiencies and allow remote access. Decision support tools and algorithms can help doctors making therapeutic decisions based on individual patient profiles. Available evidence about the effectiveness of the cycle's constituting elements.

Justified expectations that the diabetes management cycle as a whole can generate medical and economic benefit. Chronic non-transmissible diseases represent a major problem in the world, being the main cause of death today. Diabetes mellitus is one of the most worrisome chronic.

Introduction :-

The concept of stigma was initially introduced as a relationship between an attribute between an attribute and a stereotype and its a reference to negative, attributes weakness or disadvantage. In other words, the stigmatized person is considered as possessing a different characteristic a different characteristic from those who are accepted in office society and is treated differently by the community which may have misinterpreted allegations and inaccurate beliefs about the stigmatized person.

Over the years, the word stigma became related to degradation and unrelated to degradation and in general use, stigma refers to a brand or mark that - turns a person into a different one because of its negative connotation. Some suggested a causal correlation between epilepsy and inadequate feelings and behaviors, such as hostility, treated differently by the community which may have stigmatized person.

My Survey reports

AGE Group:-

As per my observation, in my village 3 members are 20 office-30 age group 5 members are 30-40 age group, 10 members are 40-50 age group, + members are 50-60 age group, 3 members are 60-70 age group, 2 members are 70-80 age group and 1 members are 80-90 age group And the major age group is 40-50 and minor age groups are 70-80 and 80-90



Above pie chart indicated that in 30 households that in 30 households they secure 35% of 40,50 age group 17.5% of 30-40 and 50-60 age groups, 10% of 20-30 and 60-70 age groups, 5% of 70-80 and 80-90 age group.

GENDER :-

As per my observation, in 30 households 3 members are male and 27 members are female.



According to pie chart, 25% of male candidates and 75% of female candidates.

Life style :-

As per my observation in 30 houses, 29 houses are rented, and 1 house is owned. Majority people have rented houses.



According to pie chart, in 30 households 90% of own houses, 7.5% of rented houses and 2.5% of others.

Survey on living with chronic diseases there your
chronic medical condition are Diabetes, heart attacks,
Cancer, Asthma. others they medicines one there
one factors for your condition more than and 6
a) none right now may doctors do you consulted
to manage your condition one - my primary care
physician and 1-3 including my primary any one
b) two specialists more than three. it's complicated
They have only habituated to drugs and alcohol
only to Alcohol Do you currently suffer from only
chronic diseases yes family members give you
unsolicited advice about managing your condition
you are employed what are issues at work
that challenging unsympathetic co-workeness/
boss not enough paid sick leave I feel I need
to hide my symptoms if I am having I bad
day Interverible schedule having good physical
health severed day.

HEALTH DISEASES :-

As per my survey in 30 households 3 families health condition good, families condition good, families are suffering from blood.



According to pie chart - in 40 households 65% of often do you have trouble taking medications the way you have been told to take them - some times take them as prescribed and I do not have to take medicine. I seldom take them as prescribed. Totally physically impaired then until severely physically impaired. In general how do you say your health is good. If you often do you get a health check-up once a year take medication for your long term illness, disability or medical condition.

Diabetes is a slow killer with no known curable treatments. However, its complications can be reduced through proper awareness and timely treatment. Three major complications are related to blindness, kidney damage and heart attack. It is important to keep the blood by various levels of patients under strict control for avoiding the complications. One of the difficulties with tight control of glucose levels in the blood is that such attempts may lead to hypoglycemia that creates much worse complications than an increased level of blood glucose. Researchers now look for alternative methods for diabetes treatment. The goal of this paper is to give a general idea of the current status of diabetes research. The author believes that diabetes is one of the highly demanding research topics of the new century and wants to encourage new researches to take up this.

Student Self-Evaluation for the Community Service Project

Student Name: Ummidi. Mahesh

Registration No: 720130805210

Period of CSP: From: To:

Date of Evaluation:

Name of the Person in-charge:

Address with mobile number:

Please rate your performance in the following areas:

Rating Scale: 1 is lowest and 5 is highest rank.

1) Oral communication	1	2	3	4	5
2) Written communication	1	2	3	4	5
3) Proactiveness	1	2	3	4	5
4) Interaction ability with community	1	2	3	4	5
5) Positive Attitude	1	2	3	4	5
6) Self-confidence	1	2	3	4	5
7) Ability to learn	1	2	3	4	5
8) Work Plan and organization	1	2	3	4	5
9) Professionalism	1	2	3	4	5
10) Creativity	1	2	3	4	5
11) Quality of work done	1	2	3	4	5
12) Time Management	1	2	3	4	5
13) Understanding the Community	1	2	3	4	5
14) Achievement of Desired Outcomes	1	2	3	4	5
15) OVERALL PERFORMANCE	1	2	3	4	5

Date:

U. Mahesh
Signature of the Student

Evaluation by the Person in-charge in the Community/Habitation

Student Name: UMMIDI MAHESH

Registration No: 720130805210

Period of CSP: From: To:

Date of Evaluation:

Name of the Person in-charge:

Address with mobile number:

Please rate the student's performance in the following areas:

Please note that your evaluation shall be done independent of the Student's self-evaluation

Rating Scale: 1 is lowest and 5 is highest rank

1) Oral communication	1	2	3	4	5
2) Written communication	1	2	3	4	5
3) Proactiveness	1	2	3	4	5
4) Interaction ability with community	1	2	3	4	5
5) Positive Attitude	1	2	3	4	5
6) Self-confidence	1	2	3	4	5
7) Ability to learn	1	2	3	4	5
8) Work Plan and organization	1	2	3	4	5
9) Professionalism	1	2	3	4	5
10) Creativity	1	2	3	4	5
11) Quality of work done	1	2	3	4	5
12) Time Management	1	2	3	4	5
13) Understanding the Community	1	2	3	4	5
14) Achievement of Desired Outcomes	1	2	3	4	5
15) OVERALL PERFORMANCE	1	2	3	4	5

Date:

Ch. Mallik
Signature of the Supervisor

SURVEY ON LIVING WITH CHRONIC DISEASES

1. What is your chronic medical condition?
a. Diabetes b. Heart attacks c. Cancer (e)
d. Asthma e. Others
2. How many medicines are you taking for your condition?
a. 1-3 b. 4-6 (d)
c. more than 6 d. None right now
3. Please provide your age, gender and location in the world.
a. Under 25 b. 25-35 c. 36-50 (e)
d. Over 50 e. Female f. Male
4. How many doctors do you consulted to manage your condition?
a. One – my primary care physician
b. 1-3 including my primary and one or two specialists (a)
c. More than three. It's complicated.
5. Are you habituated to drugs and alcohol?
a. Yes to both b. Only to Drugs (c)
c. Only to Alcohol d. I am not habituated to either
6. Do you currently suffer from any chronic diseases?
a. Yes b. No (b)
7. Do your family members give you unsolicited advice about managing your conditions? (a)
a. Yes b. No

8. If you are employed, what are the issues at work that you find Challenging? Please check all the apply. (d)
- a. Unsympathic co-workers/ boss
 - b. Not enough paid sick leave
 - c. I feel I need to hide my symptoms is I am having a bad day
 - d. Inflexible Schedule

9. What do you say about your overall health? (a)
- a. Having good physical health
 - b. moderately physically impaired
 - c. Severely physically impaired
 - d. Totally physically impaired

10. Over the past 2 weeks, how often have you felt nervous, anxious or no edge? (c)
- a. Not all
 - b. Several days
 - c. More days than not
 - d. Nearly every day

11. How often do you have trouble taking medicines the way you have been told to take them? (b)
- a. I do not have to take medicine
 - b. I always take them as prescribed
 - c. Sometimes I take them as prescribed
 - d. I seldom take them as prescribed

12. In general how do you say your health is: (a)
- a. Good
 - b. Average
 - c. Poor

13. How often do you get a health check-up? (d)
- a. Once in 3 months
 - b. Once in 6 months
 - c. Once a year
 - d. Only when needed
 - e. Never get it done
 - f. Others

14. Where were you living at the time? (b)
a. City b. Town c. Village
15. Do you take medication for your long-term illness, disability or
Medical condition? (a)
a. Yes b. No
c. I do not have one-term illness, disability or medical condition
16. In your opinion, at what capacity can you perform everyday (b)
activities?
a. Excellent Capacity b. Good Capacity c. Moderate Capacity
d. Severely Impaired Capacity e. Completely Impaired Capacity



Visakhapatnam, Andhra Pradesh, India
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Lat 17.709344°
Long 83.292247°
23/08/22 12:19 PM



Visakhapatnam, Andhra Pradesh, India
26-18-B/B, Town Kotla Rd, Velampeta, Purna Market, Jagadamba Junction, Visakhapatnam, Andhra Pradesh 530001, India
Lat 17.709344°
Long 83.292247°
23/08/22 12:19 PM



Visakhapatnam, Andhra Pradesh, India
26-18-B/B, Town Kotla Rd, Velampeta, Purna Market, Jagadamba Junction, Visakhapatnam, Andhra Pradesh 530001, India
Lat 17.709344°
Long 83.292247°
23/08/22 12:09 PM



VELAMPETA
by Google
Visakhapatnam, Andhra Pradesh, India
26-18-B/B, Town Kotla Rd, Purvuta Gandhi, Near Neelamma BBS, Purna Market, Jagadamba Junction, Visakhapatnam, Andhra Pradesh 530001, India
Lat 17.709137°
Long 83.296538°
23/08/22 11:49 AM